

Contact ID: 00000
Sample ID: 00000

Mrs Example Results
Address
Address
Town
United Kingdom

Dear Mrs Results,

Please find attached your results from your Food Allergy Test that you undertook recently with TotalHealthNow Clinic.

Results are reported on a scale of 0 to 6, where 6 is the highest score. The interpretation of all result scores is outlined in the table on your results sheet.

The presence of IgE antibodies is only an indication that you may be allergic to a particular substance (allergen). This is not a definitive diagnosis on its own as reactions will only show up on the test if you have been exposed to the particular allergen previously. Results must always be considered in conjunction with clinical symptoms.

If you have previously been advised of an allergy but your Food Allergy Test results do not show a positive result you **MUST** continue to avoid the known cause of the allergy. If you know that you have a bad reaction to a particular food then **DO NOT** eat it.

An Food Allergy Test negative result **DOES NOT** mean that you are not allergic to the particular food or environmental factor. **POTENTIALLY FATAL ANAPHYLACTIC REACTIONS OF VARYING SEVERITY CAN STILL OCCUR ON EXPOSURE TO ALLERGENS EVEN IF YOU OBTAIN A NEGATIVE RESULT FROM THE TEST.**

You **MUST** always use caution whenever an allergy is suspected. It is advisable to discuss any results you are concerned about with your GP or Pharmacist.

If you have any further questions regarding your results or our Food Allergy Test please call our Customer Care team on 0207 293 0440 or visit our website www.totalhealthnow.co.uk

Finally may we thank you for using Total Health Now Clinic.

Yours sincerely,

SIGNATURE



Food Allergy Test Results

Personal Details

Patient Name: Mrs Example Results
Date of Birth: 02 February 1901

Date: 11 February 2020
Contact ID: 00000000
Sample ID: 00000000

FOOD	CLASS SCORE
Egg white	4
Cows Milk	5
Cod	6
Salmon	0
Crab	1
Shrimp	2
Meat	3
Wheat	4
Rice	5
Soy	6
Potato	0
Peanut	1
Hazelnut	2
Almond	3
Tomato	4
Carrot	5
Orange	6
Strawberry	0
Apple	1
Peach	2

ENVIRONMENTAL	CLASS SCORE
Birch	0
Hazelnut Pollen	1
Olive	2
Cypress	3
Ash (European)	4
Timothy grass	5
Rye	6
Bermuda grass	0
Bahia grass	1
Common ragweed	2
Mugwort	3
English plantain	4
Cat dander	5
Horse dander	6
Dog dander	0
House dust mites	1
Cockroach	2
Cladosporium herbarum	3

Score	INTERPRETATION
0	No reaction
1-2	Low reaction
3-4	Moderate reaction
5-6	High reaction

PLEASE NOTE:

YOU MUST ALWAYS BE CAUTIOUS WHENEVER AN ALLERGIC RESPONSE IS SUSPECTED. IT IS ADVISABLE TO DISCUSS ANY POSITIVE RESULTS WITH YOUR GP OR PHARMACIST.

Please also refer to advice given in the covering letter provided with the results.