

Electromagnetic overload?

DID YOU KNOW... that gadgets such as mobile phones and computers emit electromagnetic fields (EMFs) that can disrupt your pineal gland's production of the sleep hormone melatonin? When you sleep, keep these objects as far away from you as possible. *Phone Domes* are scientifically proved to reduce EMF effect on your body according to www.totalhealthnow.co.uk Make sure your router and baby monitor is never close to any member of your family, but take even more care with your baby. See the article "Ever thought about the levels of radiation your baby is exposed to? here www.familiesonline.co.uk/radiation

We have interviewed several people who are suffering from too much radiation from Wifi. The most telling interview was of a GP who couldn't find out what was wrong with a very sick child he had been seeing for several years. After many hospital visits they still were finding nothing. The GP then suggested to try and disconnect their WIFI at home, 'just to eliminate it': sceptics, the parents tried it anyway, out of despair. To their surprise it made a HUGE difference to the child who immediately started to feel good and behave normally. The child made a full recovery.

More research is required to understand the effects of WIFI on our health, in the meantime let's take simple, precautions: don't get close to the source; turn things off at night to start.



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